MOORE COLLEGE OF ART & DESIGN

1916 RACE STREET, PHILADELPHIA, PA 19103

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Your Free Wellness Wheel Awaits Inside.

Keep it. Use it. Share it.

FOR YOU

Consider This: Write down one professional goal and the first step toward it.

OCCUPATIONAL

FOR STUDENTS, MOORE OFFERS

Career services, paid internships, and alumni mentoring that ensure students are career ready.

FOR YOU

An Easy Start: Read an article, listen to a podcast or explore a new idea today.

INTELLECTUAL

FOR STUDENTS, MOORE OFFERS

Classes and tutoring that fuel curiosity and deepen learning.

PHY

FOR YOU

Something different

SOCIAL

FOR STUDENTS, MOORE OFFERS

Clubs, events and shared traditions that foster a sense of belonging and connection.

SPIRITUAL

FINANCIAL

ENVIRONMENTAL

Dear Friend,

When you think of Moore, you think of impact — the accomplishments of a graduate you admire, an unforgettable exhibition in The Galleries, or a stunning Fashion Show collection. Behind every achievement is a student who once stood at the edge of possibility and found the confidence to declare, "This is what I'm meant to do."

Today's students walk that same path — but in a world that feels faster and more demanding than ever.

At Moore, we know a student can't focus on their studies — and the careers those studies make possible — when concerns about tuition, food security or anxiety stand in the way.

As someone who believes in Moore's mission, you can help ensure today's students have the tools they need to succeed.

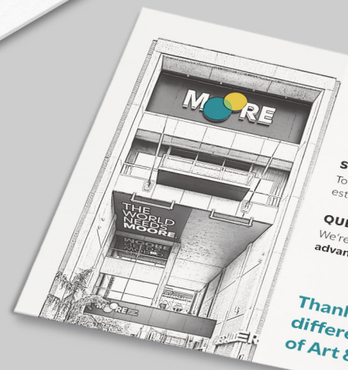
Please make your gift today—because student well-being today leads to stronger, more confident and career-ready graduates tomorrow.

With gratitude,

Cathy Young

President, Moore College of Art & Design

P.S. Enclosed is a wellness wheel showing the resources your gift makes possible— plus quick tips to support your own well-being.



MATCHING GIFTS

Your gift could go even further! Many employ match charitable contributions, doubling o tripling your impact. Check with your HR d today to see if your company participates i the matching process.

STOCK TRANSFERS & ESTATE GIFT

To transfer stock or discuss including Moo estate plans, email **advancement@moor**

QUESTIONS?

We're happy to help! Contact us at **advancement@moore.edu** or **215.965.**

Thank you for making a difference at Moore Coll of Art & Design!

I want to support Moore College of Art & sign with a gift of

$500 $250 $100 $50 $ ____

monthly recurring annual recurring

nt options:

at **moore.edu/wellness**

e payable to Moore College of Art & Design

American Express Discover

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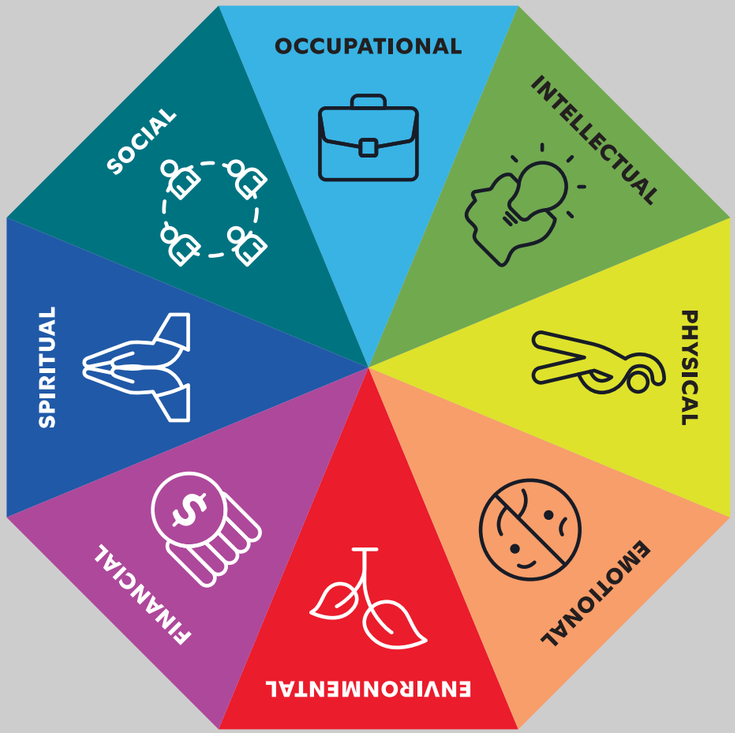
Anonymous

This gift is being made

In honor of

In memory of

MOORE COLLEGE OF ART & DESIGN


OCCUPATIONAL
SOCIAL
INTELLECTUAL
SPIRITUAL
PHYSICAL
FINANCIAL
EMOTIONAL
ENVIRONMENTAL


FOR YOU
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OCCUPATIONAL
FOR STUDENTS, MOORE OFFERS
Career services, paid internships, and alumni mentoring that ensure students are career ready.
FOR YOU
Something to Explore:
Call or text someone you've been meaning to reconnect with.
SOCIAL
FOR STUDENTS, MOORE OFFERS
Clubs, events and shared traditions that foster a sense of belonging and connection.
FOR YOU
An Easy Start:
Read an article, listen to a podcast or explore a new idea today.
INTELLECTUAL
FOR STUDENTS, MOORE OFFERS
Classes and tutoring that fuel curiosity and deepen learning.
Student wellness. Student success. Made possible by you.
FOR YOU
An Idea:
Take a walk, stretch your body or dance to your favorite song.
PHYSICAL
FOR STUDENTS, MOORE OFFERS
On-campus dining, health services, the resource pantry and gym access to keep our community healthy and strong.
FOR YOU
One Option:
Take a few quiet minutes for meditation or personal reflection.
SPIRITUAL
FOR STUDENTS, MOORE OFFERS
Mindfulness activities, yoga with Cathy and spaces for quiet contemplation.
FOR YOU
A Small Step:
Pick one bill or subscription to simplify, cancel or renegotiate.
FINANCIAL
FOR STUDENTS, MOORE OFFERS
Scholarships and emergency aid that ease stress and open doors.
FOR YOU
If It Helps:
Take five deep breaths or list down what you're grateful for.
EMOTIONAL
FOR STUDENTS, MOORE OFFERS
Counseling, mental health first aid and other wellness tools to strengthen resilience.
FOR YOU
Worth a Try:
Clear or declutter one space you use often such as your desk or kitchen counter.
ENVIRONMENTAL
FOR STUDENTS, MOORE OFFERS
Beautiful and inviting spaces that calm and inspire.

GIVE TODAY!

Scan here to donate or visit
moore.edu/wellness



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REPLY CARD

YES! I want to support Moore College of Art & Design with a gift of

◯ $500 ◯ $250 ◯ $100 ◯ $50 ◯ $ _____

◯ monthly recurring ◯ annual recurring

Payment options:

◯ **ONLINE** at **moore.edu/wellness**

◯ **CHECK** made payable to Moore College of Art & Design

◯ **CREDIT CARD**

◯ VISA ◯ MasterCard ◯ American Express ◯ Discover

Credit Card # Exp Date Security Code

Card Holder Name (Please print) Signature

Email Phone

When acknowledging my gift please list me as

◯ _____

◯ Anonymous

This gift is being made

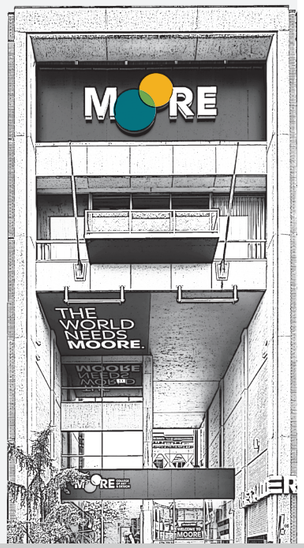
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ENVELOPES

PLEASE
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