



Dear John,

June is National Cancer Survivorship Month, a time to celebrate the triumphs, acknowledge the challenges, and support the ongoing journeys of those who have faced cancer. **As a survivor, I'm here to tell you my story.**

In high school, I suffered from a consistent shooting pain down my leg. Thinking it was an injury from playing softball, I tried physical therapy. After a year of no improvement, I decided to see a specialist. I quickly learned there was a tumor on my spine. Doctors said it was not cancerous and that I would recover. After having it removed, however, a new tumor grew on the other side of my spine, and another one grew back on the same spot as the original.

At twenty years old, I was diagnosed with osteogenic sarcoma, a form of bone cancer. My doctors recommended I come to Penn State Health Milton S. Hershey Medical Center because the local hospital in Lancaster County could not perform the level of complex treatment I needed.

Leaving me little choice, I dropped out of college for the inpatient treatment. I had multiple rounds of chemotherapy and two surgeries totaling twenty-three hours during which they took out the bottom two vertebrae in my back, replaced them with a cage and some bone from my hip, and installed two rods that go up and across my spine. During an intense recovery period and months of inpatient rehab, I relearned how to walk and do normal tasks such as putting on my shoes and brushing my hair.

**Today, I am celebrating being cancer-free for twenty-seven years and I work in our Office of Development and Alumni Relations every day.** I truly believe I wouldn't be here if not for the care of my doctors at the Milton S. Hershey Medical Center, support from my family, and support from Four Diamonds.

**That's why I'm asking you to make a gift as a part of this year's cancer survivorship appeal.**

It is amazing to see how much Penn State Health has grown its cancer care in the last twenty-seven years. When I first started going through my treatments, they were performed on one floor of the hospital with three small wings. That one floor has now grown into an entire, nationally recognized cancer institute with services and programs throughout the community.

**Your gift, no matter the size, will help us to fund essential resources and provide support to cancer survivors, like me.** Together, we can ensure that every survivor can live a healthy, fulfilling life.

Sincerely,

Kelly Frownfelter  
Grateful Patient



**Yes, I will support Survivorship!**

**Tell us more!**

I'd like my gift to benefit the following fund:

- Penn State Cancer Institute
- Kristen Olewine Milke CARE Center
- Survivorship: Living with Cancer
- Other \_\_\_\_\_

Please accept my tax-deductible gift of

- \$150
- \$100
- \$50
- Other \$ \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Spouse/Partner Name

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Email

Keep me Anonymous

Appeal Code: HE518



To give online, please scan the QR code or visit <https://tinyurl.com/Survivorship2025>

To give over the phone, please call 717-531-8497

Check made payable to "Penn State" mailed in the enclosed addressed envelope. Please write "Survivorship" on the memo line.

If you do not wish to receive communications like this in the future, please call 717-531-8497 or email [development@pennstatehealth.psu.edu](mailto:development@pennstatehealth.psu.edu)

## A NOTE OF THANKS

I WISH TO HONOR THE FOLLOWING HEALTHCARE PROVIDER

Name of Healthcare Provider: \_\_\_\_\_

Location: \_\_\_\_\_

Message for Healthcare Provider: \_\_\_\_\_

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**Thank You for Your Generosity!**

Yes, the Development Office may share parts of my message, using my first name only, in future print or online communications.