

Ward Patterson

C'82

**“ I HAVE A DESIRE TO HELP YOUNG MEN BECOME HONORABLE ADULTS. SO, I DON'T COACH RUGBY. I COACH CHARACTER EDUCATION—AND I USE RUGBY TO GET THERE. ”**

Ward is a founding member of Principia's first rugby club. From 2013 to 2022, he was head coach and led the Thunder Chickens to multiple national championship appearances.

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FEELING OF

**PRINCIPALITY**

David Gibbs  
US'58, C'62

**“** It is hard to imagine what my life would have been like after college without my background in athletics at Principia.”

**T**HE LESSONS LEARNED from participating in Principia athletics are just as likely to create stories of success in life as they do **ON THE FIELD, IN THE POOL, ON THE TRACK, OR ON THE COURT.**

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"You get four years to play college sports, but 40 years later, some of my best friends are those Principia teammates. You can't duplicate that."

*John Zutter* | C'87



"There was such an amazing closeness with the team and not because it was easy. The relationships and the opportunities to go after excellence and be the best teammates possible . . . that's what Principia athletics is all about."

*Mary Ann (Green) Sprague-Denison* | C'84



"Principia challenged me to be disciplined throughout every aspect of my life, and **DISCIPLINE & INTEGRITY HAVE BEEN ESPECIALLY IMPORTANT IN HOLDING MYSELF ACCOUNTABLE TO ALWAYS IMPROVE.**"

*Tess Rountree* | C'15



"My Principia athletic experience was extremely valuable in shaping my character and teaching me valuable lessons that I continue to use many years after graduation."

*Alan Godfrey* | C'84



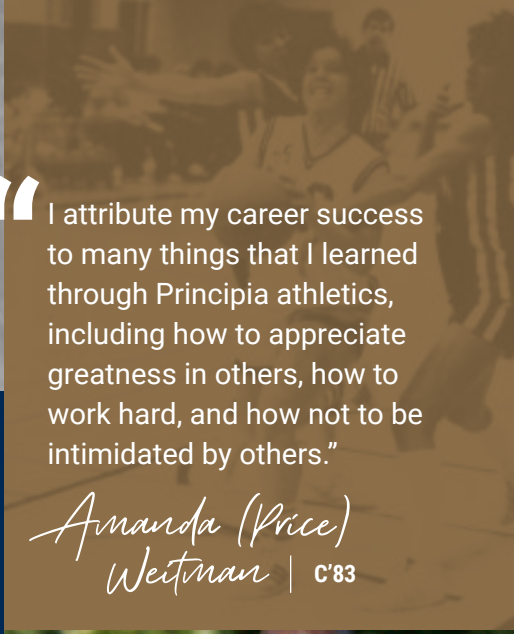
"Playing on such a high-performing team was extremely impactful, and I have carried those experiences through my life. I learned the true meaning of camaraderie, leadership, teamwork, and that growth helped me become the woman that I am today."

*Laurie (Mingola) Jamnaby* | C'84



"My experience as a Principia diver remains one of my most cherished college memories. Training and competing as a team fostered great life skills in working together and leadership."

*Jacquelyn (Field) Star* | C'97



"I attribute my career success to many things that I learned through Principia athletics, including how to appreciate greatness in others, how to work hard, and how not to be intimidated by others."

*Amanda (Price) Weinstein* | C'83



"Principia sets up a platform for demonstrations to take place. You have opportunities to do amazing things here—opportunities to grow, to be challenged, to persevere, and to find your excellence."

*Vitalis Otieno* | US'88, C'92